

December 2009



MILK IS SERVED WITH ALL MEALS

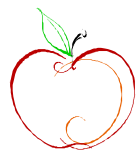
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



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Chicopee Public Schools Middle & High School Menu

Dianne M. Lennon
Director of Food Service
(434) 594-3453

You can apply for FREE/REDUCED priced meals at any time during the school year.

MENU SUBJECT TO CHANGE WITHOUT NOTICE.

1
Chicken Scampi
W/Spaghetti
Italian Bread
Popeye Salad
Fresh Fruit

2
Baked Macaroni & Cheese
Garlic Bread
Steamed Broccoli
Fresh Oranges

3
General Tso's Chicken
Steamed Rice
Hot Vegetable
Pineapple Chunks

4
NO SCHOOL

7
Chicken Bowl W/
Mashed Potatoes, Corn &
Gravy
Whole Wheat Roll
Fresh Cantaloupe

8
Italian Ham, Cheese &
Pepperoni Melt
Krinkle Kut Fries
Assorted Fruit

9
Baked Lasagna
Garlic Bread
Seasoned Green Beans
Salad Pears W/Cherry

10
Baked Chicken Nuggets
Buttered Noodles
Baby Carrots
Whole Wheat Roll
Fruit Sherbet

11
Big Daddy's Pizza
Spinach Salad
Fruit Cocktail

14
Spicy Chicken Wrap
W/Sauce
Fresh Broccoli & Cukes
W/Dip
Seedless Red Grapes

15
Munchie Bowls
W/Popcorn Chicken &
Mozzarella Sticks
Potato Rounds
Sliced Peaches

16
Soft or Hard Beef Tacos
W/Let., Tomato, Cheese,
Salsa & Sour Cream
Rice & Beans
Mandarin Fruit Salad

17 Holiday Dinner
Roast Turkey W/Gravy
Mashed Potatoes
Herb Stuffing
Butternut Squash
Dark Chewy Brownies

18
Sal's Fresh Pizza
Garden Salad
Assorted Fruit

21
Cheese Quesadillas
W/Salsa
Fiesta Rice
Corn Niblets
Fresh Fruit

22
Manager's Choice

23
Chicken Parmesan
Sandwich
W/Melted Cheese
Green Beans Almandine
Cinnamon Applesauce

24
NO SCHOOL



28



29

30

Christmas Vacation

31

